November 19-30, 2018

Principal: Sheri Epstein

Vice-Principal: Barb Caravella

Vice-Principal: Todd Taylor

Please check our website regularly for updates.

- NEWS & EVENTS
- PARENTS
- SCHOOL CALENDAR
- ANNOUNCEMENTS
- **GUIDANCE**





A message from the Main Office

It's been a busy time again at Westmount this fall. From student achievements and accomplishments (both in athletic pursuits and other competitive endeavours), to continuing our various inschool initiatives, Westmount continues to highlight the best of the best. Over 140 of our DECA students competed in the Regional Competition on the 10th of November and we are pleased to share that over 60 have moved onto the Provincial Competition in Downtown Toronto. Students from the Drama program had an opportunity to visit Stratford and enjoy a performance of To Kill a Mocking-bird. At the same time, nine staff members began an online course called Stolen Lives, looking at the history of residential schools and how to include them into our various curriculums.

Last Thursday night, WCI hosted over 450 parents, representing perspective students of our incoming class in September. The excitement of being at high school was evident as students explored all the different and unique opportunities that Westmount has to offer. A big thanks to all of our staff who helped answer questions and interact with our incoming Grade 9 class. Additionally, yesterday, the Board announced that WCI will be closed to **transfer requests** for any Grade 9 or Grade student looking to transfer to Westmount for September 2019. This decision does not affect students who already attend Westmount, or students who reside in either of the Westmount boundaries (either regular or ArtsWest). More information is provided on the school website.

On Wednesday, students participated in the Every Student Counts survey, as part of the Board's initiative to better support all students. The survey took about 30 minutes to complete and will allow the Board to align achievement data with other factors that impact student learning. If you child did not get a chance to participate in the survey, please encourage them to come to the office to pick up their personalized access code, before the 21st of November.

The WCI Administration would like to extend a special invitation to all members of our parent community to attend a special Parent Council Meeting on November 27th at 7:00 p.m. in the school library. We will be joined by Paul Davis, an internet safety expert who will talk about the dangers of different online behaviours and the responsibilities that we all share to use social media properly. Paul's presentation will consist of both a formal information session as well as a Question & Answer session.

As the days get shorter and the temperature drops, November can feel like the longest month of the year. It can be a stressful time for all, especially students, as they may feel overwhelmed with upcoming assignments, quizzes and tests. Parents can help students manage stress by ensuring that students are getting adequate sleep, communicating directly with their teachers to arrange accommodations and creating checklists that break large tasks down into smaller, more manageable steps. In the event that your child is unwell, please try to call the Main Office on the day of the absence so that we are aware. For multi-day absences, it is best to contact your child's teacher directly to see what modifications may be required to support their return to school. Additionally, as we've now experienced the first major snowfall of the 2018-2019 winter, just a reminder that the best place to know if transportation services are cancelled is to follow the Board's official Twitter handle (@YRDSB) for a notice after 6:00 a.m.

If you have any other questions or concerns, please feel free to reach out to the Main Office. Until next time...

The Westmount Administration

Exam Schedule

The official Semester 2 Exam Schedule will be released on Monday, December 3rd, via the school website, and for students, within TeachAssist. Students will need their @gapps.yrdsb.ca account in order to access it.

Lunch and Learning at Westmount

On October 30th, as part of our commitment to sustained and ongoing professional development, staff at Westmount participated in in a lunch and learn session on authentic learning with Dana Wallace, Curriculum Consultant for the York Region Distirct School board. The focus of this session was the importance of creating authentic learning opportunities for our students. While specific approaches and actives were discussed, the underlying theme was the importance of choice in amplifying student voice in learning. Students invited to decide how they wish to showcase their knowledge are more engaged in their learning. They learn to able see and make the connection between course content and their lives. This requires us as teachers to assess not only their final product, but student thinking in their conversations and interactions within the class. Thank you Dana for another excellent PD session.

DECA Regional Competitions

Westmount DECA competed at the York Region competitions on Saturday, November 10th. Case competitions ranged between Marketing, Finance, Entrepreneurship, Hospitality or Business Management. All 140 delegates used their business skill and savviness to sell the judges on their ideas. 35 awards were received!! 63 will be moving forward to the Provincial competitions in February.



Westmount's Official Social Media Account

It was brought to the attention of the school's administration that a fake Twitter account had been created and was masquerading as the "official" account for the school, going so far as to state that the official account was a parody and also using the logo of our account to create confusion.

<u>Please note</u>: the **only** official social media account from the Main office at Westmount CI is a Twitter account <u>@WCI_YRDSB</u> This account is used to share information regarding the school and other information, including inclement weather day notifications. Additionally, the Westmount Guidance department maintains <u>@WCIGuidance</u> which is a valuable asset to all our students, but even more so to Grade 12s as they approach graduation.

The school does not maintain an official Instagram, Snapchat or other social media account. However, there are other schools in different boards with the same name that do. Please ensure that when looking for information about our school, you only refer to @WCI_YRDSB on Twitter.

If you'd like more information, please feel free to attend our upcoming Parents' Council meeting on November 27th, where we will have Paul Davis join us to examine and discuss the perils and consequences of Social Media usage.

LBGTQ Guest Speaker

This past Monday the WCI Library was pleased to host Robin Stevenson, who spoke to some of our students and members of our GSA about LBGTQ representation in texts, and current LGBTQ issues around the world.



Field trips / Athletic events

Tuesday, Nov 20

• Swim Team—Vellore CC—Gorewicz

Tuesday, Nov 27

VR Club & Promenade Mall—Feldman J. Tobias

Wednesday, Nov 28

• Small Arms Building—Harte





Spikeball tournament

Winners of the first Spikeball tournament . Evan Miller and Josh Dimpfel



Westmount Welcomes

Hello my name is **Shoshana Williams** and I am the teacher who has recently taken over for Ms. Guttman this semester. I have been a teacher for the last three years with a specialist in Dramatic Arts. I also teach English, History, and Social Science. It is a pleasure to be part of the Westmount family and I look forward to getting to know you the parents and guardians as we work together for the greater good of the students.

My name is *Alexia Khorsandi* and I am taking over Mr. Pipher's grade 9 Geography, grade 10 History and grade 11 Ancient Civilizations courses. I have been teaching both history and geography for the past two years. I look forward to working with students during the next three weeks!

My name its *Monique Power* and I'll be teaching both of Ms. Hassanalli's Grade 10 Science and Civic's classes while she is away. I'm so excited to be back teaching what I love, with an amazing group of students and staff. I hope to have a positive impact on my students both in and outside of the classroom. Go Wolves!

Westmount CI

Grade 11 Arts West
Grade 11 Arts West created portraits to convey the idea of transformation. They were asked to interview someone about a change or transformation. Based on the interview they created a visual representation of that change.



















Skyzone Fun
On Wednesday November 7th, students from Grades 10-12 fitness classes and the Grade 11
Phys. Ed class visited Sky Zone Trampoline Park in Vaughan. Students had access to the trampolines in the facility, where they could play trampoline dodgeball, jump into a foam pit or dunk on the basketball rims. Students also explored the obstacle course and warp wall. Overall it was a fun filled morning, a big thank you to our teacher chaperones!



Guidance Updates

@WClGuidance



YOUR GUIDANCE DEPARTMENT MISSION STATEMENT

Support and promote students' well-being and continuous growth in three areas: personal (student) development, interpersonal development, and career development in order to help them develop resilience and realize their potential (success) as individuals and as valuable members of society.

-Ontario School Counsellors' Association, 2015

PART-TIME STATUS

Grade 12 students may apply for semester 1 part-time status beginning Tuesday, Nov. 20. Part-time status applications are due back to Guidance by Monday, Nov. 26. Full Disclosure is Tuesday, Nov. 27. Visit https://sites.google.com/site/wciguidance/dropping-a-course for details. #wcigrad #wcidropacourse

FULL DISCLOSURE

Courses dropped by the Tuesday, Nov. 27th Full Disclosure date will not appear on a student Official Transcript. The course and mark WILL appear on the mid-term report card. Visit https://sites.google.com/site/wciguidance/dropping-a-course for details

NEED AN APPOINTMENT WITH A COUNSELLOR?

Book an appointment. It's really easy!

- Your child can drop by the Guidance office and Mrs. Pearlstein will book the next available appointment with their Counsellor.
- Mrs. Pearlstein will give your child a date and time for their appointment.
- Please tell your child to let Mrs. Pearlstein know if you will be attending the meeting so we can book extra time is necessary.
- Come to Guidance on the day and time of your appointment.

Have a quick question? Your child can do the following...

- Drop-in to see their Counsellor. We can answer a quick question on-the-spot
- Check-out the YRDSB, Westmount and Guidance website
- https://sites.google.com/site/wciguidance/home
- Follow @WClGuidance on Twitter. Get real-time notifications regarding news, events and more. You can even tweet or direct message your question to us.

UPCOMING EVENTS TO CONSIDER

- College Fair @ the Direct Energy Centre Exhibition Place October 23 & 24 #wcigrad #oncollege
- Graduation Preparation Assembly Thursday, October 18 #wcigrad
- Western Ivy Info Session -October 26th, sign up in Guidance after Oct 15th
- Post Destination Fair- Nov 1 @Bayview Seconday SS 7-9pm
- University tour of UWO and McMaster November 2nd
- Scholarships- watch Twitter for #wcimoney4school

Followmel

SOCIAL NETWORKING AND ONLINE SAFETY AN EVENING FOR PARENTS WITH PAUL DAVIS

NOVEMBER 27, 2018

Westmount Collegiate Institute 7:00PM

TOPICS INCLUDE:
SNAPCHAT / INSTAGRAM / FACEBOOK
SMARTPHONES AND DIGITAL TRAILS
CYBERBULLYING - TEXTING - SEXTING
ONLINE GAMING - ONLINE SECURITY & MORE



ACCOUNTABILITY AND
RESPONSIBILITY
IN A DIGITAL WORLD
TWITTER.COM/PAULDAVISSNS



QUESTIONS? INTERESTED?

CONTACT: MS.JARVIS

COURTNEY.JARVIS@YRDSB.CA

TRIP CODE: 19-100



TRIP BEING ORGANIZED BY: EVOLVETOURS.COM

FOLLOW: @EVOLVETOURS @EVOLVEGAP

REGISTER: EVOLVETOURS.COM/EVOLVEREGISTRATION/REGISTER/



Westmount Collegiate Institute - Apparel 2018

	Student Name:								
OLVES	Daytime Phone #:		_ Period 2 Teac	her:					
WOLVES	Hype Pull-Over Hoodie 100% Performance Polyester Reece With Full Front Decoration 100% Premium Fully Embroidered Logo	Personalization to appear on lower back (First Name or Last Name)		S	M	L		2XL	x \$65.00 x \$7.00
WEST MOD AT C.1	Hooded Sweatshirt 50/50 Cotton/Polyester 2 Colour Imprint Front Logo	Personalization to appear on lower back (First Name or Last Name)		S	M	L	TO	2XL	x \$35.00 x \$7.00
WESTMOUNT C.L.	Long Sleeve Shirt 100% Cotton 2 Colour Imprint Front Logo	Personalization to appear on lower back (First Name or Last Name)		S	M	L	TO	2XL	x \$20.00 x \$7.00
WESTMOUNT C.I.	Short Sleeve T-Shirt 100%Cotton 2 Colour Imprint Front Logo	Personalization to appear on lower back (First Name or Last Name)		S	M	L		2XL	x \$15.00 x \$7.00
10	Flack Knit Skull Cap 00%Cotton mbroidered Front Logo QTY:x \$18.00		Black I 97/3 Was Embroide	hed C	otton ront L	/Spai .ogo	ndex	Twill	x\$20.00

GRAND TOTAL

WESTMOUNT APPAREL



Please load student card with Mr. Coates for total purchase amount at Bare Necessities, Monday-Friday 8:15-8:35 am and 12:45-1:00 pm - then submit order form and make final purchase (with student card) at Bare Necessities with student employee. Please choose sizes carefully. All orders are made to order.

Sizing samples are available at Bare Necessities.





groups & workshops NOVEMBER 2018

For more information or to register please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at jfandcs.com/groups

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community regardless of cultural, religious and/or racial background and we offer a sliding scale for those who require fee reductions.

MIND BODY CONNECTION FOR WOMEN PART 2

Join us for a 6 session series that continues building on the practice of Mindfulness for those who have already taken the part 1 group. Topics include: reducing stress and anxiety; gaining insights into limiting thoughts and habits; exploring self-worth and self-esteem; fostering positivity and happiness.

Thurs Nov 1 | 1:30pm-3pm 4600 Bathurst St Lipa Green Centre

ONE FAMILY, TWO HOMES

A six session series for families experiencing separation and divorce. Children participate in separate age appropriate groups which will help them to: feel better, deal with some of the myths and know where to get support. Topics for parents include: tips for keeping the kids out of the conflict, trends in family law and the impact of separation and divorce on children.

Thurs Nov 1 | 6:30pm-8pm 4600 Bathurst St Lipa Green Centre

MIND BODY CONNECTION FOR MEN

Join us for a 6 session program for men who want to learn mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, self-worth and self-esteem and general relaxation and happiness.

Mon Nov 5 | 7:30pm-9pm 4600 Bathurst St Lipa Green Centre

LIFE SKILLS FOR TODAY'S WOMAN

A six session wellness group for women wanting to discuss relevant issues and wanting to make a change in their lives. Topics include: Time and stress management; building self-esteem; becoming more assertive and improving communication skills.

Mon Nov 5 | 7pm-9pm 9600 Bathurst St OR Wed Nov 7 | 7pm-9pm

4600 Bathurst St

MIND, BODY, CONNECTION FOR WOMEN PART 1

Join us in a 6 session group for women who want to learn the practice of mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, enhancing your self-worth and self-esteem, and learning about general relaxation and happiness.

Tues Nov 6 | 1:30pm-3pm OR

Tues Nov 6 | 7pm-8:30pm 4600 Bathurst St Lipa Green Centre

EFFECTIVE PARENTING

A four session group to help parents learn what they can do to raise a happy, motivated and well behaved child. For parents of children ages 2 to 10 years. Topics include: how to nurture self-esteem; encourage problem solving; increase communication and set appropriate limits and discipline.

Tues Nov 6 | 7pm-9pm 4600 Bathurst St OR Wed Nov 19 | 7pm-9pm 9600 Bathurst St

WIDOW/WIDOWERS under 68 BEREAVEMENT

A six session evening group for men and women under 68 years of age and who have recently lost a partner or spouse. Topics to be discussed may include: coping with grief, living with loneliness, changing relationships, and new beginnings.

Tues Nov 6 | 7:30pm-9pm 4600 Bathurst St Lipa Green Centre

ADULT CHILDREN LOSING A PARENT

A six session group for adult children who have recently lost a parent. Topics include: coping with grief, loss and legacy and resolving unfinished business.

Tues Nov 6 | 7:30pm-9pm 4600 Bathurst St Lipa Green Centre

HIGH CONFLICT DIVORCE

A workshop for parents wanting to develop strategies and techniques to deal with a High Conflict situation and help to lessen the impact of that conflict on their children. This workshop is not for individuals in an abusive situation.

Tues Nov 6 | 7pm-9pm 4600 Bathurst St Lipa Green Centre



For more information or to register please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at jfandcs.com/groups

groups & workshops

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WIDOW/WIDOWERS 68+ BEREAVEMENT

A six session daytime group for men and women over 68 years of age and who have recently lost a partner or spouse. Topics to be discussed may include: coping with grief, living with loneliness, changing relationships, and new beginnings.

Wed Nov 7 | 1:30pm-3pm 4600 Bathurst St Lipa Green Centre

LIVING WITH TEENS

Parenting your adolescent without losing your cool. A six session group for parents of teenagers. Topics include: setting appropriate limits; learning to let go; parent's rights and responsibilities; keeping the lines of communication open; realistic expectations, and the pressures of drugs, alcohol, dating and sexuality.

Thurs Nov 8 | 7:30pm-9pm 9600 Bathurst St Lebovic Community Centre

THE CHALLENGE OF ANGER FOR WOMEN

A six session group for women who want to learn how to express their anger in an assertive, non-aggressive way. Topics include: understanding what triggers your anger; emotional and physical responses to anger and alternative techniques to express your anger.

Tues Nov 13 | 6:30pm-8pm 35 Madison Ave Gordon S. Wolfe Branch

PARENTING THE CHILD/TEEN WITH ADHD

This is a four week group for parents of children/teens diagnosed with ADHD who are wanting to learn more about ADHD and develop strategies for assisting their children at home and at school.

Tues Nov 20 | 7pm-9pm 4600 Bathurst St Lipa Green Centre

CHANGING YOUR ADHDitude: LIVING WITH ADULT ADHD

A 4 session group for **ADULTS who have been diagnosed with ADD/ADHD** and want to learn the necessary skills and strategies to take charge and create positive change in their lives. Topics include: Defining and understanding your ADHD; reorganizing the disorganized mind; taking charge of your issues and learning to focus; and establishing realistic expectations of yourself and others.

Wed Nov 21 | 6:30-8:30pm 35 Madison Ave Gordon S. Wolfe Branch

Student Transportation Services of York Region 320 Bloomington Road West Aurora, Ontario L4G 0M1 905-713-2535

FAX: 905-713-2533

Web site: www.schoolbuscity.com

School Bus Cancellation Notice

To ensure the safety of students, school bus service may be cancelled due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Cancellation decisions will only be made after thorough consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following;

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate. Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries which prevents the ability to cancel bus service using a municipality or zone methodology.
- When bus service is cancelled all school tests and/or examinations will be cancelled and rescheduled.
- Student trips involving the use of school buses will also be cancelled.
- Unless otherwise stated, schools will remain open and parents can make arrangements
 to transport their children to and from school even if school bus service is cancelled. If
 buses are cancelled in the morning, they will not operate in the afternoon.
 Therefore students transported to school by parents will require the same
 transportation home.

A bus cancellation message will be available at www.schoolbuscity.com, by calling 1-877-330-3001, or by following @YRDSB and @YCDSB on Twitter.

Parents, students and school staff may also access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

RADIO

590 AM	640 AM	680 AM	860 AM	1010 AM	1050 AM
1540 AM	1580 AM	88.5 FM	89.9 FM	92.5 FM	93.1 FM
94.9 FM	95.9 FM	97.3 FM	98.1 FM	99.1 FM	99.9 FM
101.1 FM	102.1 FM	104.5 FM	100.7 FM	105.9	107.1 FM

TELEVISION

CITY TV CTV Barrie CTV Toronto CP24 GLOBAL NEWS

November 2018

S	MON	TUE	WED	THU	FRI	S
				1 * Post Secondary Destina- tion Fair @ Bayview SS	2	3
4	5	6	7	* First Day of Term 2 * Gr. 8 Open House (7-9)	9 * Remembrance Day Assembly * Moby SS P5 Class Visits	*DECA
11	12 * GSA Author Visit	13	14 * School Council * TYKTW Day * Gr. 8 Visits	15 * Every Student Counts Survey—P2—all classes	16 * Moby SS P5 Class Visits	17
18	19 * Gr.9 Class visit * Midterm report card distribution	20 * Gr.9 Class visit	21 * Gr.9 Class visit	22	PA DAY	24
25	26	27 * Full Discosure	28	29	30	

SCHOOL BUS CANCELLATION NOTICE

Please remember that if the school buses are cancelled in the morning, then they will NOT operate in the afternoon. Therefore, if you drive your children to school in the morning, you must also pick them up from school at 3:50 p.m. When buses are cancelled, it does not necessarily mean that schools are closed. Schools usually remain open with a modified program. To find out whether or not the buses are cancelled, please check the following website: www.schoolbuscity.com or access the following radio or television stations:

Radio

CFRB 1010 AM CHUM 1050 AM CHUM 104.5 CHIN 1540 AM NEWS 680 AM CJEZ 97.3 CKDX 88.5 AM CHFI 98.1 FM CHIN 100.7 CBC 99.1 FM CKFM 99.9 FM Q107.1 FM

Television

CITY TV, CFTO TV, THE WEATHER CHANNEL

